



## Health Screenings

Employees and spouses insured through PCS can receive 1 credit for each of the following routine health screenings. Talk with your primary care physician to see if you are eligible for these screenings.

- Routine Well Adult exam\*
- Colorectal Screening
- Flu Shot
- Mammography
- Skin Cancer exam - in a dermatologist's office
- Well Women exam
- Dental Cleaning or Exam\*\* - one credit max per year
- Vision Exam\*\*

Employee Credit: 1 credit per exam

Spouse Credit: 1 credit per exam

Credits for routine health screenings will be automatically be tracked through claims. If members do not see their credits on their Aetna member website within 45 days, please email [pcs.oconnellj@pcsb.org](mailto:pcs.oconnellj@pcsb.org) or [pcs.deorseyg@pcsb.org](mailto:pcs.deorseyg@pcsb.org).

\*\*Dental and vision exams will be tracked automatically if an employee has dental or vision insurance through PCS. If an employee/spouse has coverage outside of PCS, they must submit the Dental/Vision Credit Form found on [pcsb.org/wellness](https://pcsb.org/wellness) to [wellnesscreditmailbox@aetna.com](mailto:wellnesscreditmailbox@aetna.com).

**\*Earn an additional \$50 gift card!**

### **Health Assessment + Routine Well Adult Exam = \$50 gift card**

In addition to the \$250 or \$350 Aetna Health Promise Incentive, employees and dependent spouses can earn a \$50 gift card each (\$100 family max) for completing a **Health Assessment** and completing a **Routine Well Adult Exam** with your Primary Care Physician. Both activities will be tracked automatically. Once both activities have been processed, the member will receive an email within 45 days with instructions for how to redeem the gift card.

If you do not receive the email within 45 days of when the activities are processed on Aetna.com, you can contact 877-922-4483 or [support@AetnaRewards.com](mailto:support@AetnaRewards.com).